

SUGGESTED YLO OIL PRODUCTS FOR DETOX

Cleansing Trio by Young Living #3115 @ \$74.75

www.youngliving.com/kbalist

COMFORTONE is important for cleansing the colon and helping the body in the elimination of toxic waste, gas and the fermenting by-products of digestion and parasites. Ingredients:

Diatomaceous earth, licorice root, psyllium, apple pectin, bentonite, fennel, garlic, chamomile, buckthorn bark, echinacea, ginger root, oregon grape root, oat bran and black currant extract plus the oils of rosemary, chamomile tarragon, peppermint, ginger, anise caraway seed, mugwort, and tangerine.

I.C.P. FIBER BEVERAGE helps speed the transit time of water and matter through the intestinal tract and is an excellent source of soluble and insoluble fibers. The flax seed is rich in omega-3 fatty acids. The special blend of antimicrobial essential oils helps the body deal with gas and G.I. discomfort.

Ingredients: Psyllium seed power, psyllium husk, aloe vera, rice bran, oat bran, guar gum, flax seed, yucca, fennel seed, pepsin and ginger, plus essential oils of fennel, tarragon, ginger, lemongrass, rosemary, patchouly and chamomile.

ESSENTIALZYME is an invaluable source of ten pre-digestive and digestive enzymes. Digestive enzymes are vital in promoting complete digestion and important in digesting toxic waste and fermenting proteins in the intestinal tract which can contribute to candida, sluggishness and unwellness. Lack of enzymes has been studied for being a stressing factor on the pancreas/ related problems.

Ingredients: Pancrelipase, trypsin, carrot power, alfalfa sprouts, pancreatin 4 x , papain, bromelain, thymus, betain HCL, black cumin, plus the oils of tarragon, ginger, anise, fennel and clove.

LIVER SUPPORT

JUVATONE is an advanced nutritional supplement containing the lipotropic agents choline and inositol. These two vitamins help break down fat and fat soluble fluids and toxins in the liver. A liver burdened with excessive fats is less able to perform its crucial detoxifying and purifying role in the body.

JUVAFLEX is the companion oil blend for the liver containing carrot seed oil, geranium, rosemary, roman chamomile and blue chamomile. Apply to liver area.

There is not one day that I do not use one or three of these products because of the powerful effect they have made in my life.

www.kbalist@sbcglobal.net